

Count closed loops, not chapters read.

Print a stack. One card per topic. A topic isn't done until all six are ticked.

ONE TOPIC · ONE LOOP

Topic _____

PAPER / SUBJECT _____

1 Map it
Syllabus lines + real PYQs first — know its true shape before you study it. on _____

2 Learn it
One source, one honest pass through the content. on _____

3 Practice it
MCQs / PYQs from that same content, the same week. Not "later." on _____

4 Write from it
At least one answer or outline, produced from memory. on _____

5 Evaluate it
Honest marks on what you wrote, acted on. on _____

6 Revise it
Spaced returns until recall is fast. on _____

Loop closed on _____

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