

## Fix your sources once, then close the list.

Nothing on this sheet is decided for you. Each subject carries the widely-used options in priority order; you weigh them once, write your pick in pen, and the search for sources ends today. Ending that search is the single biggest structural gift you can give yourself.

**THE LOCK IS YOURS.** Suggestions are ordered, not chosen. One line, one source, in pen. Mark a circle each time you finish a full revision.

SUBJECT	NCERT FOUNDATION	SUGGESTED, IN PRIORITY ORDER → YOUR LOCK	REVISED
<b>Polity</b>	Class XI: Indian Constitution at Work · Class XII: Politics in India Since Independence	01 Indian Polity — M. Laxmikanth · the rare consensus 02 NCERTs + PYQs alone, if time is short	○ ○
		MY LOCK _____	○ ○
<b>Modern History</b>	Class XII: Themes in Indian History — III	01 A Brief History of Modern India — Spectrum · near-consensus 02 the NCERT alone, PYQ-guided	○ ○
		MY LOCK _____	○ ○
<b>Ancient &amp; Medieval History</b>	Class XII: Themes in Indian History — I (ancient) · II (medieval)	01 NCERTs + PYQs alone · usually enough 02 one compilation, only if the PYQs expose gaps	○ ○
		MY LOCK _____	○ ○
<b>Geography</b>	Class XI: Fundamentals of Physical Geography · India — Physical Environment · Class XII: Fundamentals of Human Geography · India — People & Economy	01 NCERTs + one atlas 02 Certificate Physical & Human Geography — G.C. Leong, for physical depth	○ ○
		MY LOCK _____	○ ○
<b>Economy</b>	Class XI: Indian Economic Development · Class XII: Introductory Macroeconomics	01 Indian Economy — Ramesh Singh 02 NCERTs + a current-affairs economy layer · either works if it stays the only one	○ ○
		MY LOCK _____	○ ○
<b>Environment &amp; Ecology</b>	Class XII Biology: the ecology chapters	01 Environment — Shankar IAS 02 NCERT ecology chapters + PYQs	○ ○
		MY LOCK _____	○ ○
<b>Art &amp; Culture</b>	Class XI: An Introduction to Indian Art	01 Indian Art & Culture — Nitin Singhania 02 the NCERT + PYQs · weightage here is modest	○ ○
		MY LOCK _____	○ ○
<b>Science &amp; Tech</b>	Class VI–X: Science	01 NCERTs + current affairs · most aspirants need no extra book	○ ○
		MY LOCK _____	○ ○
<b>Current Affairs</b>	—	01 one monthly source you actually finish, every month 02 the newspaper, clipped to the syllabus	○ ○
		MY LOCK _____	○ ○

**"NCERT" means the current series** — the books on [ncert.nic.in](http://ncert.nic.in) today, listed above. The famous "old NCERTs" (R.S. Sharma, Satish Chandra, Bipan Chandra) are earlier textbooks, long out of the series: good books, not required. Your locked source covers that ground.

### THE COMBINATION THAT CLOSES A SUBJECT

One standard book for depth. One visual revision layer, so your third and fifth passes are fast. That topic's PYQs, the same week. The book stays your only book; the revision layer is never a second one. BLOOM's visual notes are built as exactly that layer — and your own margin notes fill the same slot honestly.

**+ 1,300**

REAL PYQS · 2013–2025

### PYQS ARE THE MAP

Solve a topic's PYQs the same week you finish its chapter, while it is still warm. Held until the end of the syllabus, PYQs are a test; used early, they are a teacher.

# The Mains layer closes the same way.

These topics never appear in Prelims, which is exactly why they attract the most extra books. The options are listed in priority order; most are already covered by an NCERT, a report, and the newspaper you read. Weigh once, lock in pen, close this sheet too.

**THE LOCK IS YOURS.** A dash in the NCERT column is honest: no textbook exists for it. One source per line – or “none”, written deliberately.

SUBJECT	NCERT FOUNDATION	SUGGESTED, IN PRIORITY ORDER → YOUR LOCK	REVISED
<b>Indian Society</b> GS1	Class XII: Indian Society · Social Change and Development in India	01 the two NCERTs + current affairs · usually sufficient  MY LOCK _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>World History</b> GS1	Class XI: Themes in World History	01 Mastering Modern World History — Norman Lowe 02 the NCERT alone  MY LOCK _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Post-Independence India</b> GS1	Class XII: Politics in India Since Independence	01 the NCERT · carries most of it 02 India Since Independence — Bipan Chandra  MY LOCK _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Governance &amp; Social Justice</b> GS2	—	01 2nd ARC report summaries + current affairs 02 one governance compilation  MY LOCK _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>International Relations</b> GS2	—	01 one newspaper, read for IR · beats any book 02 a monthly IR compilation  MY LOCK _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Internal Security</b> GS3	—	01 Challenges to Internal Security of India — Ashok Kumar & Vipul Anekant 02 current affairs + PYQ themes  MY LOCK _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Disaster Management</b> GS3	—	01 NDMA guidelines + 2nd ARC extracts · no book needed  MY LOCK _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Ethics</b> GS4	—	01 one standard ethics text + your own examples bank 02 PYQ case studies, written not read  MY LOCK _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Essay</b>	<i>Essays are written, not read — the source is your practice, honestly evaluated.</i>		
<b>Your Optional</b>	—	the one subject where two sources are allowed  SUBJECT _____  LOCK 1 _____  LOCK 2 _____	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

**THE COMMITMENT**

**This list is closed.**

Both sheets of it. Every switch resets your revision count to zero, and revision count is what the exam rewards. Nothing gets added until everything here has been revised twice.

SIGNED \_\_\_\_\_

DATE \_\_\_\_\_

EVERY PREPARATION RUNS ON FIVE THINGS structure content feedback calibration accountability

these two sheets close the content slot